#### OFFICE OF THE GOVERNOR

**GOVERNOR-TUUYON NATHANIEL S. PORTER** 

15A BAY POE, NAMBE PUEBLO, NM 87506 T: (505)455-4410 FAX: (505)455-2038 NAMBE PUEBLO.ORG

HOURS: MONDAY-FRIDAY 8AM-5PM / CLOSED FOR LUNCH 12PM-1PM

#### **Transfer Station Hours:**

Wednesday, Saturday, Sunday 10am-5pm. Lunch from 1pm-2pm.

#### **Wellness Center Hours:**

Monday-Thursday 11am-7pm Friday-8am-5pm & Saturday 8am-12pm

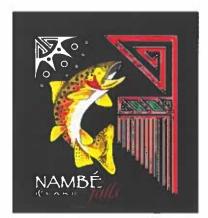
#### Nambe Lake & Falls Hours:

Thursday-Sunday 7am-7pm

Nambe Pueblo Administration is open Monday-Friday from 8AM–5PM, we close daily for lunch from 12PM – 1PM. Please call ahead and make an appointment with the department you need assistance from, Governor is available by appointment only.

For appointments call (505)455-4410

It is with great sadness that we announce to our community the passing of **Thomas "Coach Mac"**McReynolds this past evening. Coach Mac died peacefully with his loving family beside him. More information is forth coming on his services



#### **2024 Fishing Permits**

Fishing Permits are available for the 2024 Season to ALL Tribal Member's and married Spouse's, regardless of water, sewer and Community work balances. The Governor wants everyone to be able to enjoy fishing our lake and make unforgettable memories with our families. Permits are available at the Governors Office for \$10. You will need to go to

Accounting to pay Kim or purchase one at the Ranger station, then see Taya to receive your permit. If you already purchased one, bring your receipt to Taya and she will issue you a permit.

#### NAMBÉ NEWSLETTER

MAY – KHUU KOE P'OE 3<sup>RD</sup>, 2024 "PLANTING CORN MONTH"



**Mondays-** Beading Class w/ Frank Loretto, 5-7pm @ TRS Basecamp

Mondays, Wednesdays- Tai Chi 11:30-12 @ Wellness Center and BOOT CAMP 6pm @ Wellness Center

**Tuesdays, Thursdays-** Yoga 6pm @ Wellness Center

**Thursday's-** A.A 6pm @ The Yurts **Saturday's-** Wellbriety Group 6-7pm @ NPHFS Trailer

Wednesdays 5/8, 5/15 & 5/22-

Grief Support Group 1pm-4pm @ NPHFS Trailer

**5/9**- Tewa Zoom 5:30-6:30pm **5/10-** Sewing Session @ 4-7pm Multipurpose Room-Wellness Center

**5/11-**Sewing Session @ 9am-12pm **5/17-** Cultural Film @ 12,1;30,3pm Multipurpose Room-Wellness Center

5/18- Sewing Session @ 9am-12pm

**5/23-** Tewa Zoom 5:30-6:30p **5/24-**End of year Carnival Party 3-6pm-Wellness Center

**5/31-** Movie-MegaMind vs Doom Syndicate@6:30-Wellness Center

#### **DOGS AT LARGE**

We are again receiving **MANY** complaints from tribal members that there is an abundance of dogs at large running loose within the Pueblo boundaries. All you dog owners **PLEASE** be responsible and keep your dogs confined within your own yards.

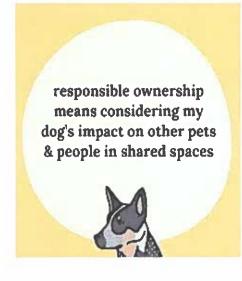
This is the time of the year that families start getting out to enjoy the nice weather and the last thing we need is anyone getting hurt or bitten by a dog, because we have neglected to be good pet owners. If you are having issues with dogs running at large, please contact BIA at **505-455-2295** and let's make our pet owner's responsible.

#### What is a Dog at Large?

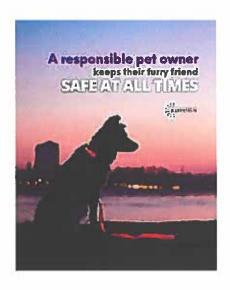
A "dog at large" (or "running at large") refers to any dog that is off its owner's property and not under the control of its owner or another responsible person. This includes dogs that are not on a leash, running freely in public areas or on private property without permission.

#### Reasons for Keeping Dogs on Leash or in Fenced Area

Keeping your dog on a leash or in a fenced area can help protect both your pet and other people from harm. Dogs can be unpredictable animals and may act aggressively if they feel threatened or provoked by another animal or person. Additionally, allowing your dog to roam freely can make them vulnerable to predators such as coyotes or other wild animals as well as traffic accidents if they wander onto roads without supervision.

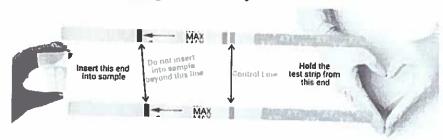






#### XYLAZINE DRUG TEST STRIPS

Two Red Lines: **Negative** for xylazine



One Red Line:
Positive for xylazine
USE CAUTION

# WE HAVE TEST STRIPS FOR YOU.....

Xylazine Test Strips Xylazine, commonly known as "tranq," is an animal tranquilizer that has been found in drugs. Xylazine can cause extreme sedation, which increases the risk of overdose, and severe skin wounds. Test strips can help you determine if drugs you plan to use contain xylazine or if you find drugs in

your home. We have a limited supply but more is being ordered based on need, call CHR -505-455-4415 to get your test strips.

## **FREE Deterra Bags**

The Deterra® Drug Deactivation and Disposal System is a safe medication disposal pouch or container that can be used at home or in a clinical setting. It is the safest, most effective choice used to destroy and properly



dispose of unused, unwanted and expired medications with the simple addition of tap water. We have a limited supply but more is being ordered based on need, call CHR -505-455-4415 to get your bag.

On average we lose more than 2 New Mexico children to gun violence every year.

Boys account for 80% of victims by guns.

**LOCKING UP GUNS CAN PREVENT SUICIDE**=Every year more than 700 children under the age of 18 die by suicide with a gun.

THE CHR PROGRAM in collaboration with the New Mexico Department of Health has trigger/gun locks for you. Please call CHR Office 455-4415 to get yours, limited quality instock.

Locking Up Guns Can Save A Child's Life



#### WELLNESS CENTER MAY RAFFLE



The Wellness Center will be doing weekly drawings every Monday (6,13,20,27 and June 3). You will earn one drawing ticket for each day you come in and exercise for 30 minutes, up to 6 tickets per week. One winner will be picked and we will have it Live on Facebook.



#### AT WELLNESS CENTER

Tai Chi Class from 11:30am -12. These classes are held every Monday and Wednesday. Tai Chi is great for our Elder's and helps promote balance too.

#### **Colorectal Cancer Initiative**

The CHR Program has reached out to many of our tribal members age 45-75 to see if you are up to date on your Colorectal Cancer Screening.





Colonoscopy 2. FIT Test. If you have had your colonoscopy then we will not contact you again. If you have not, then we will deliver a FIT Test to your home. You mail it in and receive a \$50 gift card (all through UNM and ASSTEC). Our protocol is to reach out to you three different times, every two weeks until you turn in your FIT Test, although we will never know your results we will get an email to take you off our list to contact. If you don't want us to contact you anymore just let us know, by returning our text or phone call.

## **Nambe Pueblo Healthy Family Services**

May Event Schedule

May 01- May 31, 2024

May 8th-22nd Wednesdays

May 2nd-30th
Thursdays

May 3rd-31st Saturays

May 1st 9am-12pm

May 9th 9am-12pm

May 16th 9am-12pm

May 23rd 9am-12pm

May 30th 9am-12pm Grief and Coping with Grief, Every Wednesday
@ 1-4pm. First Blue
Building

Tribal Didactics- Community
Education
9am-12pm, 2nd Blue Building

Wellbriety-Hosted every Saturday 6-7pm First Blue Building

Financial Planning & Domestic Violence Financial Planning - Blue Building

Turquoise Care & Centennial Care Changes in Insurance Companies

ENIPC- SAFE Talk
Blue Building

NO Tribal Didactics-Community Education

Social Needs and Connection to Disease Blue Building

Transportation can be provided for information contact Rod at (505)455-5593 or Sasha (505)455-5601

# FAMILY SUPPORT SERVICES

JOEL SANCHEZ, OUTREACH
COORDINATOR WITH ENIPC BHS
HEALING HEARTS PROGRAM IS
A GRIEF SUPPORT SPECIALIST
AND MENDING BROKEN
HEARTS LEADER WHO WILL BE
AVAILABLE TO ANSWER ANY
QUESTIONS ABOUT GRIEF OR
LOSS.

**ALL SERVICES ARE FREE** 

## May 8th, 15th and 22nd

1:00pm to 4:00pm

Nambe Pueblo Healthy Family Services 5A Ekwela Hakanin Poe, First Blue Trailer across from the Tewa Roots Building.

For more information, please call 505-852-1377



#### Tewa Language Program <u>Khuu Koe P'őe</u> Planting Corn Month



## Cultural Film Showing 5/17/2024

Show times: 12pm, 1:30pm, & 3pm

= Native America, Season 2: Women Rule =
Native women are leading, innovating and
inspiring in the arts, politics and protecting the
planet. NATIVE AMERICA explores the diverse
ways they carry forward deep traditions to better
their communities, their lands and the world.

In the Multipurpose Room

#### Beading Classes with Frank Loretto

Monday evenings, 5pm - 7pm

Tewa Roots Society Teen Center
Basecamp

Bi tsuu waveh heda we saawondit hawi a pa e de.

(come & create something beautiful!)

#### Tewa Circle via Zoom

Thursdays 5/9 & 5/23 5:30pm - 6:30pm

= Email or Call for Zoom Link =

#### **Sewing Session for May 2024**

5/10 @ 4pm - 7pm

5/11 @ 9am - 12pm

5/18 @ 9am - 12pm

= Dates may change =

Multipurpose Room

Project: Nunu Aa (Ladies Under Skirts) & Pu Yahweh' (Men's G-String)



Hihchan Yaa Thaa!

**Planting Phrases** 

Ti di khaege nami don koe idi?

Nae koe'g'I nanya / I koe'g'I nama knah kay.

I fo'eh nan yae.

Na nan kwo.

Na p'oe ewe.



Will you help me plant?

Hold the seeds.

Let's dig the holes.

Cover the seed.

Water the seed.

505-455-4417, vmartinez@nambepueblo.org

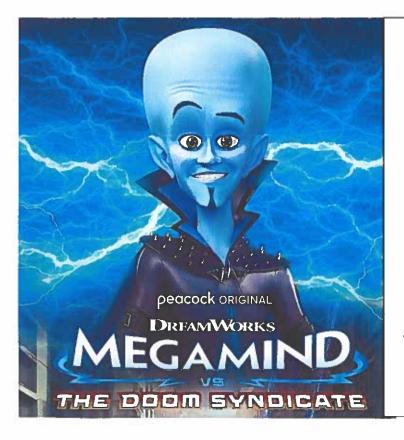


# RECOGNIZE YOUR 2024 GRADUATES!

If you have a loved one who is graduating this year (high school or college) and would like for them to be recognized in our community newsletter, please send your congratulatory note, along with a photo of your graduate, to <a href="mailto:educationcoordinator@nambepueblo.org">educationcoordinator@nambepueblo.org</a> by May 6, 2024!







# Movie Night

Friday May 31st, 2024

6:30pm @ Nambe Pueblo Wellness Center

Snacks will be provided

ALL Children Age 13 and under MUST BE accompanied by an adult

# Native American Scholarship Program



New Mexico Gas Company's annual **Native American Scholarship Program** (**NASP**) provides financial assistance to support post-secondary education for Native American students in New Mexico who demonstrate a desire to engage in their future through continuing education.

What sets this program apart is that NASP assists students in pursuit of certification from a trade school or specialized technical training associated with a license or certificate, in addition to an associate, bachelor's, or master's degree. Funds are awarded directly to the recipient and can be used for any education-related expenses.

There are 20 initial or renewal scholarships of \$3,000 each available. Applications for this year's scholarships will be accepted **April 1 to May 3, 2024.** 



Use the camera on your phone to open the NASP application with this QR code.

For more information, visit

www.nmgco.com/en/native\_american\_scholarship\_program or e-mail questions to nasp@nmgco.com.



# Native Education Forum

DATE: Monday June 3 - Friday June 7, 2024

LOCATION: Colorado State University - Fort Collins, CO



The Native Education Forum is a five-day intensive summer program, occurring on campus, for students completing their junior year of high school. In this program, students will gain valuable knowledge in the university application process and research issues critical to Native American/Indigenous communities. Students who participate in the Native Education Forum earn one free CSU credit hour and may be eligible to receive the Partnership Award to attend Colorado State University.

If you would like to apply to participate in NEF, scan the QR code below:



If you have questions, please contact NACC's director at: tyrone.smith@colostate.edu



# The Native American Legacy Award Program

Through the Native American Legacy Award (NALA) program, Native American students who live outside of Colorado may be eligible for various tuition adjustments and financial aid based on tribal affiliation.

#### NALA - IN-STATE TUITION

Enrolled citizens of state or federally recognized tribes or biological children of tribally enrolled citizens can receive in-state tuition if you meet certain eligible requirements.

#### **Eligibility:**

- Enrolled citizens of a state or federally recognized tribe or provide proof that a biological parent is an enrolled member of a state or federally recognized tribe.
- Non-residents of Colorado.
- Seeking a degree on CSU's main campus (CSU Online students are not eligible).
- Able to attend the Community for Excellence (C4E) Fall Academic Summit.

\*Students who are not enrolled in a tribe, and who do not have a parent enrolled in a tribe, may qualify if they demonstrate a blood quantum of one-half Native American ancestry. This quantum does not necessarily need to be of one tribe, but of all tribes combined, from recognized tribes under this policy.

#### NALA - RESIDENCY STATUS

Enrolled citizens of tribes with historical ties to Colorado (see list of 48 tribes) are eligible for Colorado residency status based on Colorado state law. Qualified students are eligible for 1) in-state tuition rates and 2) additional financial aid (state and institutional funds).

#### Eligibility:

- Enrolled citizen of a federally recognized tribe with historical ties to Colorado according to the Colorado American Indian Tribes In-State Tuition Act. (see list of 48 tribes)
- · Non-residents of Colorado.
- Seeking a degree on CSU's main campus (CSU Online students are not eligible).
- Able to attend the Community for Excellence (C4E) Fall Academic Summit.

#### **Program Limitations:**

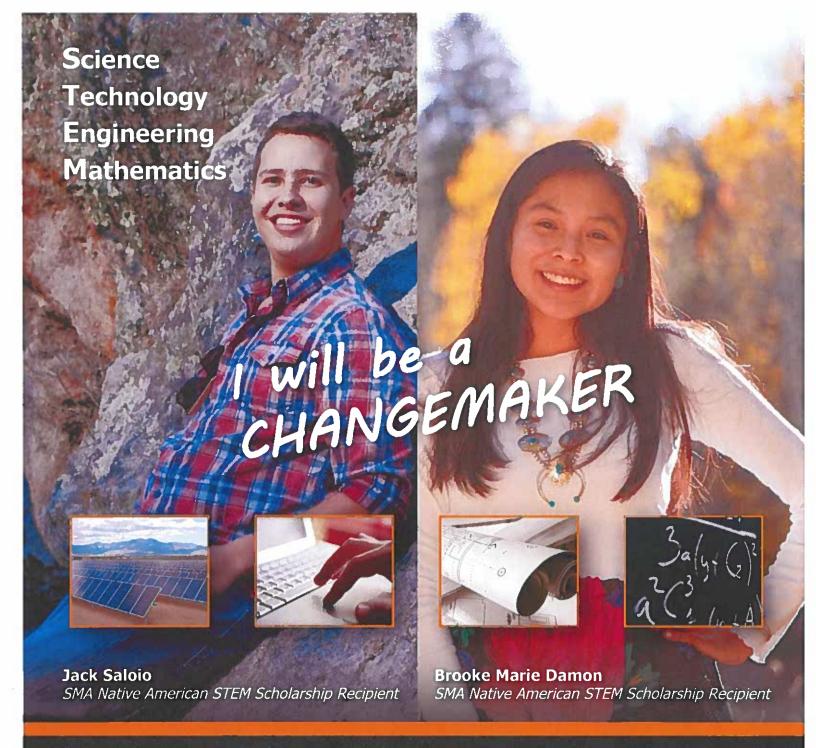
Please contact the Office of Financial Aid for more information as other limitations may apply.

Note: The Native American Legacy Award cannot be combined with the Western Undergraduate Exchange (WUE) award, Yellow Ribbon Award, GI Promise, or HB 15-1294 GI Benefits. If you receive more than one of these awards, the one that benefits you the most will remain and the others will be canceled.



**CONTACT: Office of Admissions** 

admissions@colostate.edu | (970) 491-6909



## **Bring STEM home.**

For more information about SMA Native American STEM Scholarship opportunities or to obtain an application please visit <u>www.soudermiller.com</u>



Accepting scholarship applications March 18, 2024 through June 7, 2024 at 5:00 p.m. MST

# MANIED

#### Highly Motivated 9th-12th Grade Students

#### **BIA-BIE Youth Indian Police Academy**

The Bureau of Indian Affairs and the Bureau of Indian Education are partnering to host the 2<sup>nd</sup> annual Youth Indian Police Academy for students enrolled in 9<sup>th</sup> = 12<sup>th</sup> grade. The Academy will occur at the Riverside Indian School Campus in Anadarko, Oklahoma, from June 16 through June 28, 2024.

At no cost to students, participants will receive assistance with traveling to and from the school, where they will stay in dorm rooms and be well-fed throughout their stay. Participants will receive uniforms and travel for field trips will be provided. Students will come away from the program with a meaningful life experience, new friendships, and awareness of career opportunities available to them as young adults.

#### **Application Instructions:**

Students wishing to attend the academy must write and submit a five-paragraph essay explaining who they are, their life goals, and why they wish to attend the Youth Indian Police Academy. Final essays need to be emailed to: <u>Carla.Whiteman@bie.edu</u> on or before May 17, 2024. Each essay will be reviewed by a selection panel who will select up to 28 students.

#### **Guardians:**

Upon student selection, guardians must complete an admissions package. The package will be emailed after selections are made. This includes providing student emergency contact, out-of-state student travel information, authorization for medical care of a minor, medical history, residential check list, parental consent form, photograph release form, school check out policy, student code of conduct, student policies, acceptable use policy, BIA consent to participate and a release from liability.

#### FACTS & TASKS

#### WHEN:

June 16, 2024 June 28, 2024

#### WHERE:

Riverside Indian School Anadarko, OK

#### SEND ESSAYS TO:

Carla.Whiteman@bie.edu

#### **ESSAYS DUE:**

May 17, 2024

## HANDS-ON LEARNING EXPERIENCES INCLUDE:

- Nightly Team Building Events
- Tactical Training Exercises
- Accident Investigation & Crime Scene Labs
- Driving Under the Influence Simulations
- Special Weapons & Tactics Demonstrations
- Emergency Medical Services Certification
- K9 Demonstrations
- Field Trips for full-immersion Learning





# The Voyager Scholarship

THE OBAMA-CHESKY SCHOLARSHIP FOR PUBLIC SERVICE



#### The Obama-Chesky Scholarship for Public Service

A two-year academic scholarship program for students interested in pursuing public service careers that includes exposure to travel and connections to a network of leaders

The Obama Foundation is excited to announce the launch of applications for the <u>Voyager Scholarship</u>. <u>The Obama-Chesky Scholarship for Public Service</u>.

Funded by a \$100 million personal contribution from Airbnb Co-founder and CEO Brian Chesky to the Obama Foundation, the Voyager Scholarship provides college students with last-dollar financial aid to help alleviate the burden of college debt, meaningful travel experiences to expand their connections to new communities, and a network of mentors and leaders to support them throughout their careers. The two-year scholarship program for U.S.-based students in their junior year of college offers unique opportunities for those who are committed to pursuing careers that serve the public and their communities.

Please take a moment to learn more about the <u>Voyager Scholarship</u>. Undergraduate students entering their junior year of college in Fall 2024 at an accredited four-year college or university in the United States are encouraged to apply. Students from two-year and four-year colleges are also eligible.

From up to \$50,000 in financial aid for "last dollar" expenses to a \$10,000 stipend and Airbnb credit for a work-travel summer experience and a Fall Summit to meet up with fellow scholarship recipients and the broader Obama Foundation community, there is a laundry list of reasons we hope you'll spread the word about this scholarship.



Please share this opportunity widely with your networks and with students who you think may be a good fit! If you or someone you know would benefit from this enriching program experience, please encourage them to apply now.

Email <u>Voyagers@obama.org</u> for more information! Applications Open February 5, 2024



# AZTEC RUINS NATIONAL MONUMENT TRADITIONAL TRADES ADVANCEMENT PLACEMENT (TTAP) IP

COMPENSATION: \$600 LIVING STIPEND + \$120 HOUSING ALLOWANCE

DATES: JUNE 2024 - DECEMBER 2024

TERM: 26-WEEKS, FULL TIME.

**HOST SITE: AZTEC RUINS NATIONAL MONUMENT** 

LOCATION: AZTEC, NEW MEXICO

STATUS: FULL-TIME: 900-HOUR AMERICORPS SERVICE TERM

**BENEFITS:** EDUCATION AWARD OF \$3,447.50 AFTER COMPLETION OF TERM, PROFESSIONAL DEVELOPMENT FUNDS AND OPPORTUNITY TO TRAVEL TO HISTORIC PRESERVATION FUNDAMENTALS TRAINING).

PUBLIC LAND CORP HIRING AUTHORITY ELIGIBLE.





#### **Aztec Ruins National Monument - TTAP Individual Placements**

Masonry focused projects that include: dry stone masonry, wet stone masonry, stone shaping, and plastering. General maintenance on the monument grounds and Great Kiva.

- 1) General Ruins preservation work
  - Work with Historic Preservation Division crew to repoint and repair masonry at the Aztec ruins
  - Repointing / tuck pointing using natural and amended mortar
  - Replacement of stone as needed
  - Documentation of work pictures and notes/reports
- 2) General Maintenance of Ruins
  - Vegetation removal
  - Water run-off management
  - Litter clean-up
  - Trail maintenance
  - Fill and soil Stabilization
- 3) Great Kiva Crack repair
  - Remove cracked plaster
  - Reset and replace defective stone
  - Plastering
  - Painting

To learn more and apply - scan QR code!

Questions? Contact Kiana at kiana@conservationlegacy.org

THE SANTA FE OPERA



# ADULT NIGHT OUT at the Santa Fe Opera

Join us at the opera for FREE this summer!

The Santa Fe Opera Pueblo Opera Program invites members of the Eight Northern Pueblos to attend dinner and a performance at this year's Adult Night Out.

Tuesday, June 25 Don Giovanni

Dinner at 6:30 PM
Performance at 8:30 PM

Tickets are limited to 16 per Pueblo.

Please contact Marissa Aurora, Volunteer Liason, at maurora@santafeopera.org to RSVP.

# MyBlue

## Get Around with MyBlue™!

Enjoy hassle-free, fare-free rides in Nambé Pueblo and the Pueblo of Pojoaque with MyBlue™! Our shared ride service offers reliable transportation in comfortable Blue Bus buses or vans.

Ready to roll? Manage your trips with the "MyBlue™ North Central RTD" app, available on the Apple Store and Google Play. Or, if you're feeling old-school, book by giving us a call at 866-206-0754, ext. 1.

#### MyBlue<sup>™</sup> How to Ride Guide

You can book up to two (2) weeks ahead. Requests made less than 24 hours in advance are based on availability and cannot be guaranteed.

#### On the App

- Download & Sign Up: Get the MyBlue™ North Central RTD app from the App Store or Google Play. Sign up, verify your email, and activate your account.
- 2. Log In & Create Profile: Sign in and create a profile with your contact information.
- 3. Navigate to Home: Access the main screen in the app to book trips and get notifications.
- 4. Request a Ride: Specify drop-off & pick-up locations, date, time, passengers, and accessibility needs. Submit your request.
- Accept Booking: Review and accept the updated booking request before it expires. Note: Pick-up and drop-off times may change based on availability.

#### On the Phone

- Plan your trip: Before you call us, you'll need to know your pick-up address and your drop-off address so we can determine if you're in the MyBlue™ service zone.
- 2. Request a Ride: Call (866) 206-0754, or (505) 629-4725, ext. 1. Tell us your drop-off & pick-up locations, date, time, passengers, and accessibility needs.

#### POJOAQUE-NAMBÉ

MYBLUE" ON-DEMAND RIDESHARE



Monday - Friday 6:00 a.m. to 6:00 p.m.

#### SERVING:

Nambé Pueblo

Pueblo of Pojoaque

Pojoaque Valley Schools Jacona Campus

Check the MyBlue!" app or contact us to confirm curb-to-curb service availability.

#### **Enjoy Your Ride!**

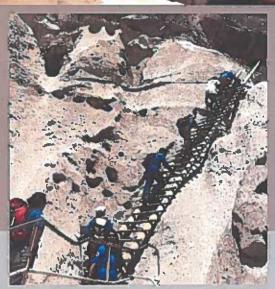
Be 15 minutes early at the pick-up as we may arrive 15 min before or after your scheduled time. Notifications will be sent via SMS and in-app. Blue Bus ™ Transit Operators will drive a Blue Bus™ or MyBlue™ microtransit van. To keep costs low, your ride may be shared with other passengers, meaning the bus might make additional stops before reaching your destination.













# **NOW HIRING**

@ BANDELIER NATIONAL MONUMENT Preservation and Conservation Crews

Pay start at \$610 a week
No Experience Required!
June 3 -Aug. 2, 2024
Leadership position available









# BANDELIER NATIONAL MONUMENT TRADITIONAL TRADES ADVANCEMENT PLACEMENT (TTAP) IP

COMPENSATION: \$600 LIVING STIPEND + \$120 HOUSING ALLOWANCE

DATES: JUNE 2024 - NOVEMBER/DECEMBER 2024

TERM: 26-WEEKS, FULL TIME.

**HOST SITE: BANDELIER NATIONAL MONUMENT** 

LOCATION: LOS ALAMOS, NEW MEXICO

STATUS: FULL-TIME; 900-HOUR AMERICORPS SERVICE TERM

**BENEFITS:** EDUCATION AWARD OF \$3,447.50 AFTER COMPLETION OF TERM, PROFESSIONAL DEVELOPMENT FUNDS AND OPPORTUNITY TO TRAVEL TO HISTORIC PRESERVATION FUNDAMENTALS TRAINING).

PUBLIC LAND CORP HIRING AUTHORITY ELIGIBLE.



Review full position description online

# APPLY TODAY



#### Bandelier National Monument - TTAP Individual Placements

Projects identified for TTAP interns include working on ancestral Puebloan sites located in Bandelier National Monument. This work includes doing masonry work at archaeological sites along the main trail system. It will also entail candidates learning NPS documentation methodologies such as condition assessments, photo documentation, entering data into the appropriate work logs and attaining the skills and knowledge to complete and mitigate what's been identified through the data compiled.

In addition, Interns will get hands-on training and safe use of various equipment such as table saws, Circular saw, Hand tools (planers, crosscut saws, drawknives) and will get extensive hands-on work in the masonry portion of preservation work. This will include learning soil compositions, and mixtures based on ratios appropriate to color and durability for specific uses. Candidates will have the opportunity to work on wooden elements throughout the CCC Historic district. This work includes repair and maintenance of historic windows, doors, etc. much more than the physical labor aspect of a trades program.

Many opportunities are afforded to assist various departments and their staff within Bandelier National Monument. these departments include Ecology, Cultural Resources, Fire, Law enforcement and Interpretation.

To learn more and apply - scan QR code!

Questions? Contact Kiana at kiana@conservationlegacy.org



# Santa Fe Indian School PAC



MAY 4, 2024 9:00AM-4:00PM OUTDOOR EVENT

## Abeyta Gym Parking Lot

Fee: \$50 per space (8x8)

A donation (minimum \$20)

No refunds will be given

No food sales and NO outside raffle sales allowed Exhibitor must provide own table, chairs, canopy with weights, and cash drawer

Visit: www.sfis.k12.nm.us

Contact: Kianna KMLovato@sfis.k12.nm.us

Delight <u>dtalawepi@gmail.com</u> pac@sfisonline.org

for more information

SCAN ME



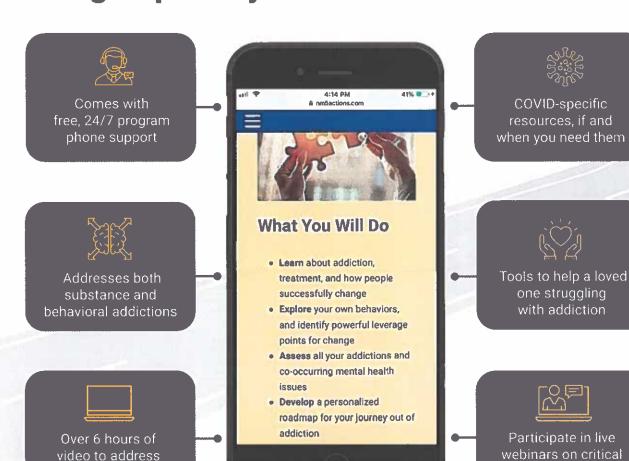
# Struggling with addiction?

The 5-Actions Program<sup>™</sup> is your roadmap to recovery.

#### This Program is Free

Funded by New Mexico Human Services Department, Behavioral Health Services Division

## Sign up today: www.nm5actions.com





addiction in your life

addiction topics

## Free Support to Help a Loved One

The New Mexico 5-Actions Program™ comes with free access to Allies in Recovery, an online learning platform teaching CRAFT

(Community Reinforcement and Family Training) to families.

## Join Allies in Recovery in Three Easy Steps:

- Go to: alliesinrecovery.net/sign-up-sponsored
- Enter your email address and the promo code, "NM2022"
- Select "State of New Mexico" from the drop-down menu and then follow the next steps to complete the registration

#### **About Allies in Recovery**

Allies in Recovery is a training program for families who have loved ones struggling with addiction. Using CRAFT, the only behavioral training method designed for families and scientifically proven to work, you'll learn how to communicate, behave, intervene, and guide your loved one toward recovery.

Allies in Recovery is a training program for families who have loved one struggling with addiction. Using CRAFT, the only behavioral training method designed for families who have loved one struggling with addiction. Using CRAFT, the only behavioral training method designed for families who have loved one struggling with addiction. Using CRAFT, the only behavioral training method designed for families and scientifically proven to work, you'll learn how to communicate, behave, intervene, and guide your loved one toward recovery.

#### Allies in Recovery Will Help You Learn How To:

- Act and speak with your loved one when they're using or not using
- Influence your loved one's behavior by giving or withholding rewards
- Step back and allow natural consequences, and why this works
- Use best practices for self-care and why it's a critical part of CRAFT
- Engage your loved one into treatment or recovery activities
- Allies in Recovery has been a lifeline.
  I'm learning new ways to communicate
  with my son that's positive. This program
  has been a light in a 10+ year storm.

~ program participant

The 5-Actions Program is free, funded by the New Mexico Human Services Department, Behavioral Health Services Division.



U

SCHEDULE FOR CONSOLIDATED CONVEYENCE NAMBE PUEBLO MAYORDOMO MICHAEL R. LUJAN 505 920 7216

2024

CONSOLIDATED SCHEDULE

MESSAGE : IT IS PERFECTLY FINE TO STRETCH YOUR GARDEN HOSE TO GET YOU THRU THE GAP IN THE CONSOLIDATED SCHEDULE. I HAVE EXTENDED THE SCHEDULE FROM 4DAYS TO 5 DAYS. SCHEDULE DAY 8am to 8am 24HRS

GARDENS TAKE PRIORITY 505 920 7216

Saturday	4 GENE PEREZ, Amadeo Jeff O	11	18 MAUSI, LT	25	Sam, Angelo, Georgia, Shannon, Dominic, Redhawk
Friday	3 TONY VIGIL, Gene Perez	10	17 MAUSI,LT	24	GENE PEREZ, Amadeo Jeff O
Thursday	Z TONY VIGIL, Jose T	6	16 MAUSI, Jeff O	23	30 TONY VIGIL, Gene Perez
Wednesday	1 Tony Perez 8am-8pm, Rob R 8pm-8am	00	MAUSI, Jose T	22	TONY VIGIL, Jose T
Tuesday		7	14 MAUSI, Angelo, Sam, Redhawk, Georgia, Amadeo, Shannon, Dominic	21	28 Tony Perez 8am-8pm, Rob R 8pm -8am
Monday		9	13	20	27 START WATER @ 8pm
Sunday		5 Sam, Angelo, Georgia, Shannon, Dominic, Redhawk	12		26



SCHEDULE FOR HIGHLINE NAMBE PUEBLO MAYORDOMO MICHAEL R. LUJAN 505 920 7216 2024

DO NOT WASTE WATER. BE RESPONSIBLE & CLEAN THE SIPHONS
FILESTIANS SCHOOLS

IF YOU ARE GOING TO FINISH EARLY CALL MAYORDOMO 2HRS BEFORE YOU FINISH

IRRIGATION SEASON APRIL 15T thru SEPTEMBER

# GARDENS TAKE PRIORITY 505 920 7216

	4	11	18	25	ਜ	00
Saturday	HERBERT YATES	RANDY VIGIL	MARIO ROMERO	HERBERTYATES	JUNE RANDY VIGIL	CHRIS PORTER
Friday	3 HERBERT YATES	10 RANDY VIGIL	17 DAVID PEREZ, Will Yates, Arnold Garcia, Clyde H, Rod K, Arlene R Took O	24 HERBERT YATES	31 DAVID PEREZ, Arnold Garcia, Will Yates	7 DAVID PEREZ, Arnold G, Will Yates
Thursday	2 HERBERT YATES, Clyde H, Rod K, Arlene R, Took O	9 RANDY VIGIL, Clyde H, Rod K, Arlene R, Took O	16 CHRIS PORTER	23 DAVID PEREZ, Will Yates, Arnold Garcia, Clyde H, Rod K, Arlene R, Took O	30 HERBERT YATES, Clyde H, Rod K, Arlene R, Took O	6 WATER TRANSIT DAY
Wednesday	1 HERBERT YATES	8 RANDY VIGIL	15 CHRIS PORTER, Ely S.	22 ESTEVAN PORTER	29 HERBERT YATES Mike Lejune, Ely S	5 ESTEVAN PORTER Upper Field
Tuesday		7 DAVID PEREZ, Arnold G, Will Yates	14 CHRIS PORTER, Mike Lejune	21 ESTEVAN PORTER	28 HERBERT YATES	4 RANDY VIGIL, Clyde H, Rod K, Arlene R, Took O
Monday		6 HERBERT YATES	13 WATER TRANSIT DAY	20 ESTEVAN PORTER	27 HERBERT YATES	3 RANDY VIGIL
Sunday		5 HERBERT YATES	12 ESTEVAN PORTER Upper Field	19 MARIO ROMERO	26 HERBERT YATES	2 RANDY VIGIL